

Woman to Woman 2025 Conference Program

Bridging the Gap for 34 Years



2025
Colorado Woman to Woman



Schedule of Events & Important Notes

FRIDAY MAY 2nd

3:00 – 7:00 PM	Registration..... Front Desk
6:30 – 7:00 PM	Meeting Chair Orientation..... Rayburn Room
7:00 – 8:00 PM	DINNER Dining Hall
8:30 – 10:30 PM	CONFERENCE OPENING..... Rayburn Room
	Local Colorado Al-Anon and AA Speakers

SATURDAY MAY 3rd

8:00 – 9:00 AM	BREAKFAST..... Dining Hall
9:15 – 10:15 AM	Meeting Session 1 (See back of Program)
9:15 – 10:15 AM	Workshop (See back of Program)
10:30 – 11:30 AM	Meeting Session 2 (See back of Program)
12:00 – 1:00 PM	LUNCH Dining Hall
1:30 – 2:30 PM	Hike/Qigong/Hike - Outside weather permitting.
1:30 – 2:30 PM	Meeting Session 3 (See backside of this Program)
2:45 – 3:45 PM	Meeting Session 4 (See backside of this Program)
4:00 – 5:00 PM	Meeting Session 5 (See backside of this Program)
6:00 – 7:00 PM	DINNER..... Dining Hall
7:30 – 9:00 PM	EVENING SPEAKER..... Rayburn Room
	Recovery Countdown
	AA Speaker: Jane D.L., Tallahassee, FL
9:00 – 10:30 PM	Angel Walk Exercise

SUNDAY MAY 4th

7:30 – 9:00 AM	BREAKFAST..... Dining Hall
8:15 – 9:00 AM	2026 Committee Planning Rayburn Room
9:00 – 10:00 AM	Vacate your rooms
9:00 – 10:30 AM	MORNING SPEAKER..... Rayburn Room
	Al-Anon Speaker: Stephanie B., Granite Shoals, TX
11:00 - 12:00 AM	Vacate Trail West facility

IMPORTANT NOTES:

- No Smoking anywhere inside Trail West Lodge this includes balconies.
- Smoking is permitted in outside designated areas only.
- Park only in designated parking area. Speak to front desk if you can not find parking.
- Hospitality table is in the Great Room.
- Retail table is located in front of the Rayburn Room.
- Drink plenty of water.
- Please respect the quiet policy and speak softly while in hallways.
- You are at high altitude. Stay hydrated and seek help if you are dizzy, nauseous, or faint.

*“God, grant me the serenity
to accept the things I cannot change,
courage to change the things I can,
and wisdom to know the difference”*



Meeting & Workshops Topics

We shortened the workshops to match the meeting time frames to allow participants to attend more meetings.

9:15 - 10:15 AM -- WorkshopRayburn Room
Topic: 11th Step, Prayer AND Meditation

1:30 - 2:30 PM -- Hike/Qigong Outside weather permitting or Rayburn Room

There are five one hour meetings with five scheduled times.

(You pick the time and the meeting room. Rooms fill to capacity quickly)

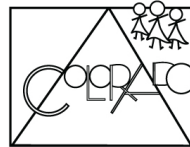
Meeting Session 1: 9:15 - 10:15 am

Meeting Session 2: 10:30 - 11:30 pm

Meeting Session 3: 1:30 - 2:30 pm

Meeting Session 4: 2:45 - 3:45 pm

Meeting Session 5: 4:00 - 5:00 pm



Meeting topics and room locations:

Light and Shadow: Get to the other side of trauma and grief? Barnyard Room
Slogan: This Too Shall Pass

Sunrise, Sunset: How can I detach with love? Corral Room
Slogan: Let Others Voluntarily Evolve (L.O.V.E.)

Let the Sunshine In: What do I need to let go of today? Tag Room
Slogan: Let Go and Let God

The Road to Enlightenment: What do I need to accept today? The Coop Room
Slogan: Acceptance is the Answer

Leave a Light On: How do I know what's mine and what's not? Game Room
Slogan: Live and Let Live

